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24
MARCH

EDITORIAL

ANALYSIS

READING

GRAMMAR

VOCAB

WITH

MCQs

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SUPERMOCKS | 11:30 AM

ENGLISH VAANI | 2 PM

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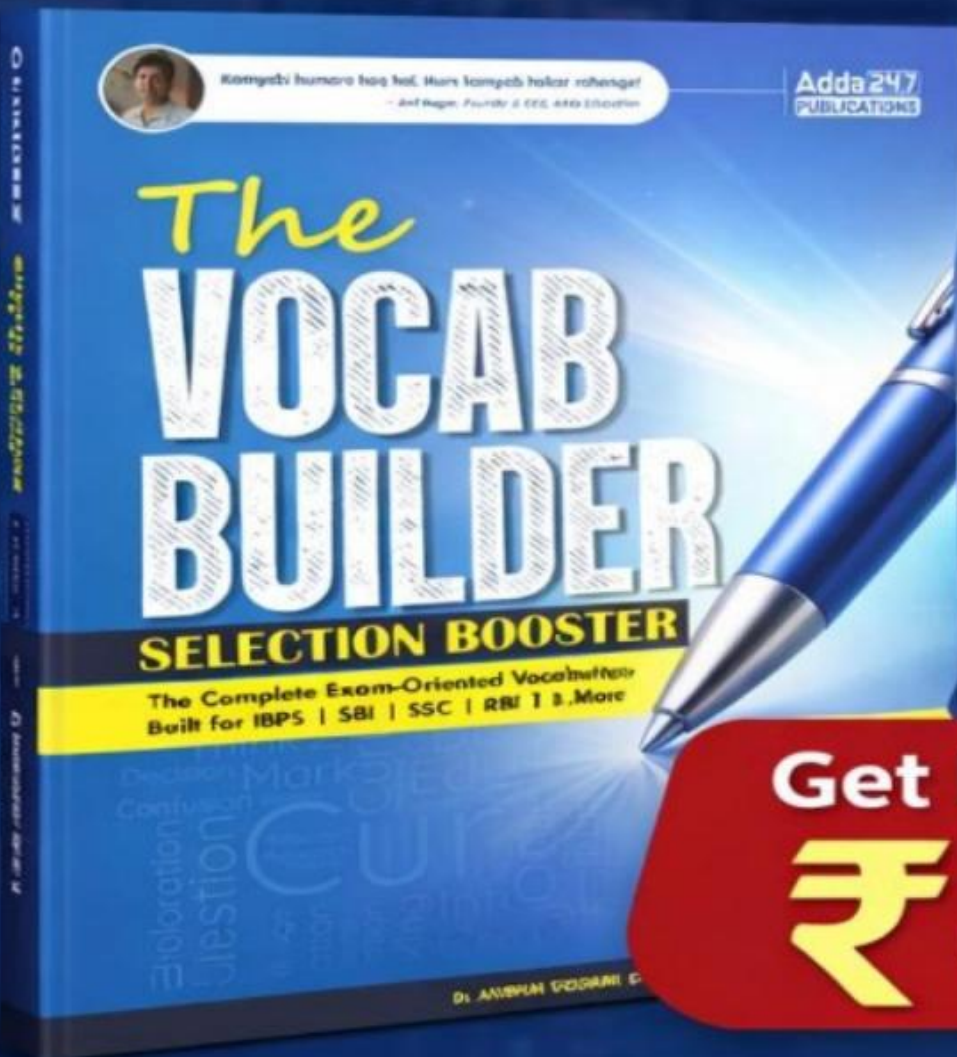
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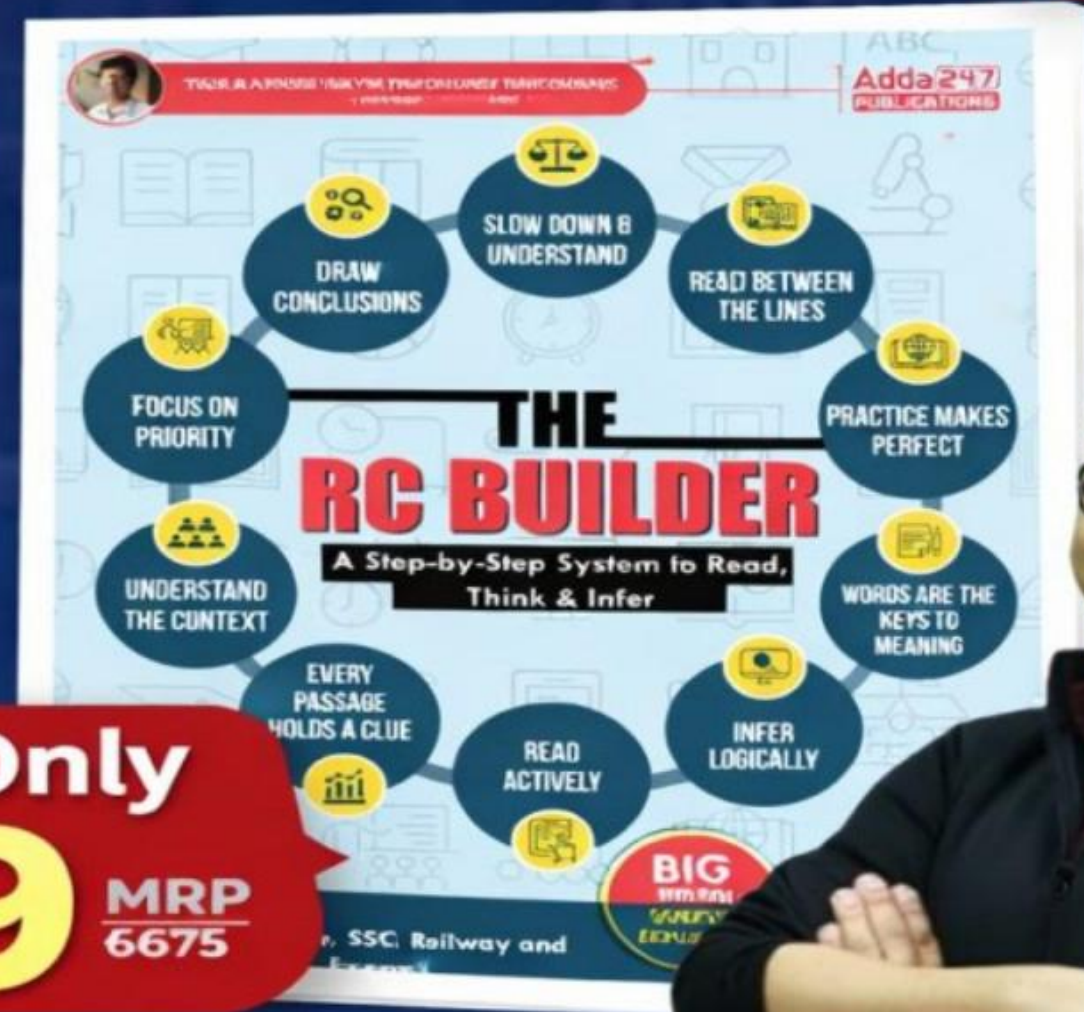
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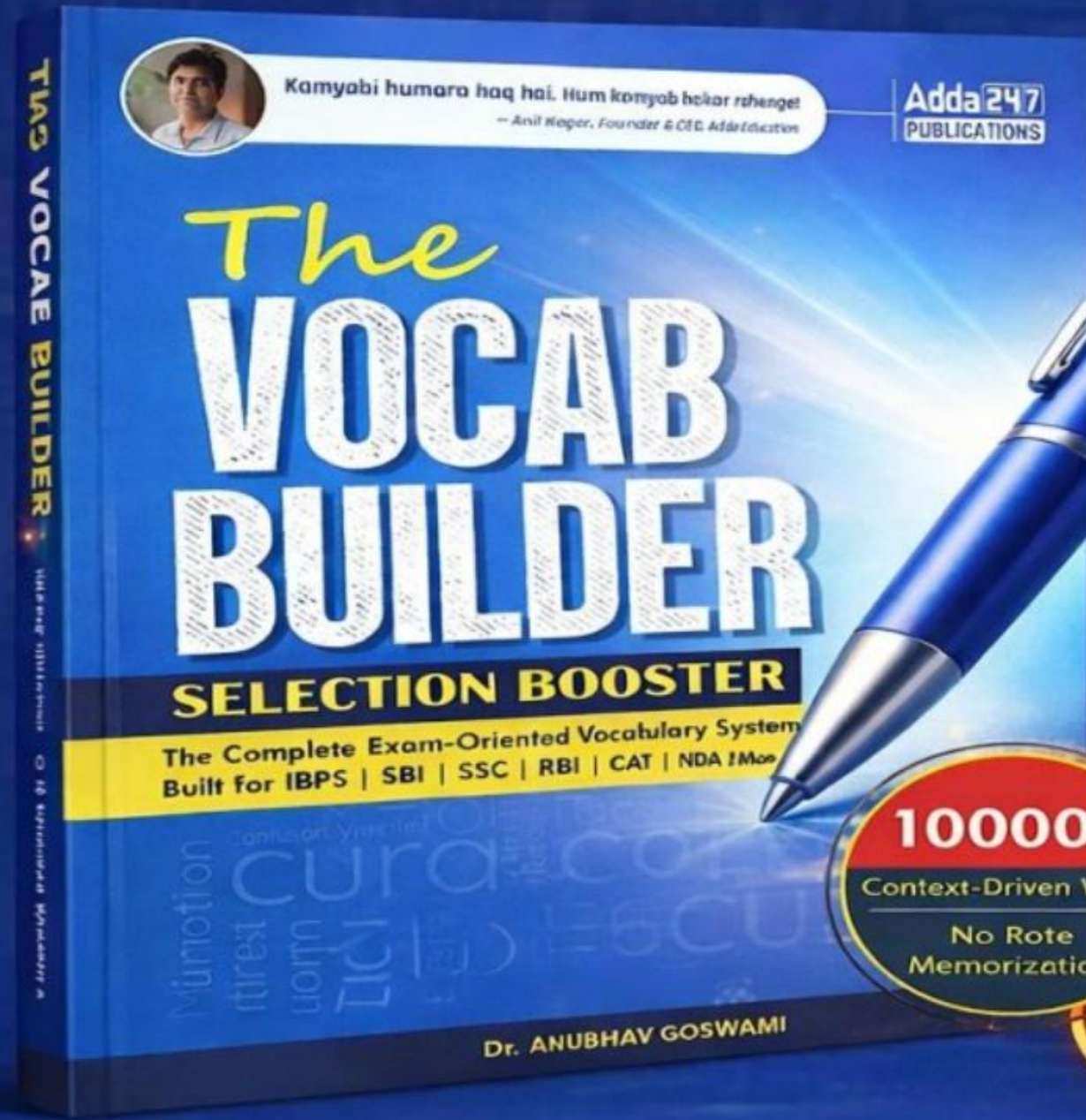
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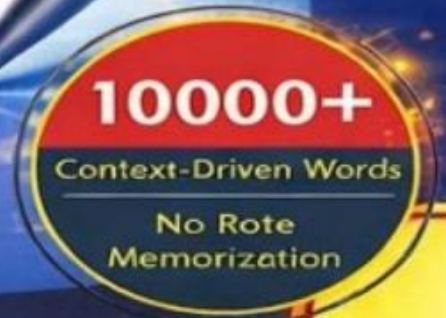


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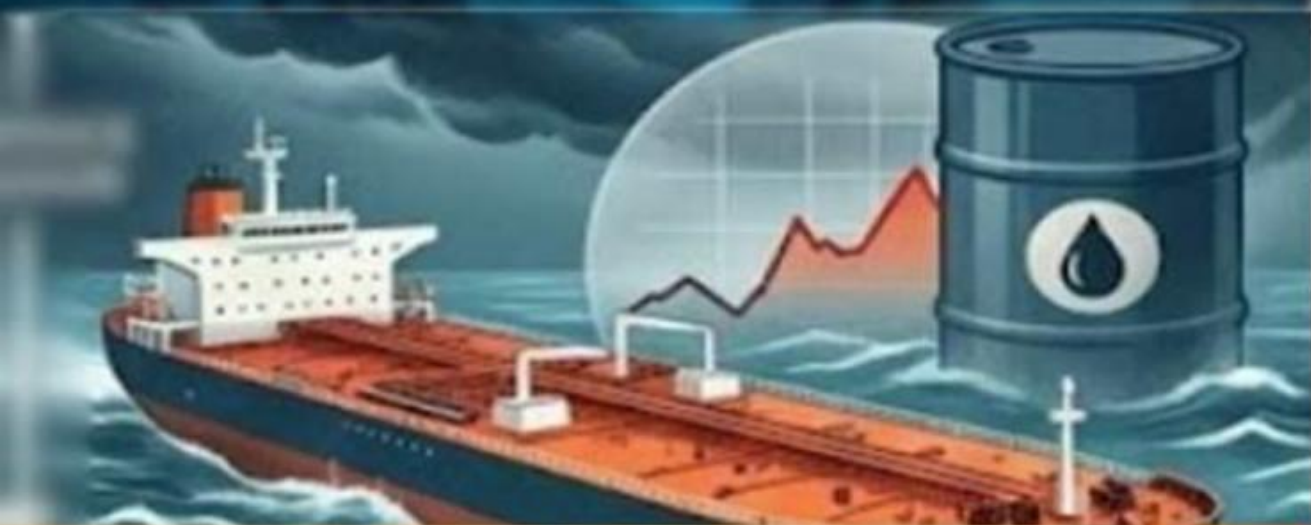




NEWS

**SC REJECTS MENSTRUAL
LEAVE PLEA**

GDP



ESCALATING TENSIONS



ECONOMY SLOWDOWN



RECONDITE

दुर्बोध

Split obscure and difficult to understand



Inscrutable

SYNONYMS

Opaque

ANTONYMS

Pellucid

- Arcane ✓
- Esoteric ✓
- Abstruse ✓
- Enigmatic ✓

Perplexing

Baffling

Cryptic

Debate

- Lucid ✓
- Perspicuous ✓
- Transparent ✓
- Intelligible ✓

Explicit | *Cogent*

Forthright

Obvious

Straightforward

FORMS

- Go over one's head
- Hard to fathom

The professor's lecture was so ____ that most students struggled to follow it.



VAUNTED

अतिप्रशंसित

excessively praised ✓



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Neglected Vilify

SYNONYMS

- Exalted ✓
- Glorified ✓
- Acclaimed ✓
- Extolled ✓

Celebrated

Hailed
Venerated
Eulogized
Over-rated

ANTONYMS

- Underrated ✓
- Unheralded ✓
- Uncelebrated ✓
- Ignored ✓

Disparaging
Belittling
Demigrated

FORMS

- Sing someone's praises ✓
- Blow one's own trumpet ✓

The company's ___ reputation was tarnished after the scandal.



QUIBBLE

तर्क-वितर्क करना (Verb)

evade or argue trivially



SYNONYMS

Cavil ✓ | *Carp*
 Pettifog ✓
 Nitpick
 Dispute ✓
Bicker
Wrangle
Demur
Criticize

ANTONYMS

Concur ✓
 Endorse ✓
 Ratify ✓
 Affirm ✓
Accede

Sanction
Validate
Aid ✓
Acknowledge

FORMS

Split hairs ✓
 Pick holes ✓

Instead of addressing the main issue, he chose to ___ over minor details.



HINDSIGHT

understanding after the event ✓

पश्चदृष्टि

Noun



SYNONYMS

- Retrospection ✓
- Reflection ✓
- Review ✓
- Recall ✓
- Post analysis

ANTONYMS

- Fore-sight ✓
- Prescience ✓
- Prognosis ✓
- Anticipation ✓

Future

Speculation

FORMS

After the fact ✓
Hindsight is twenty-twenty ✓

In ____, the decision appears flawed, though it seemed justified at the time.



PANGLOSSIAN

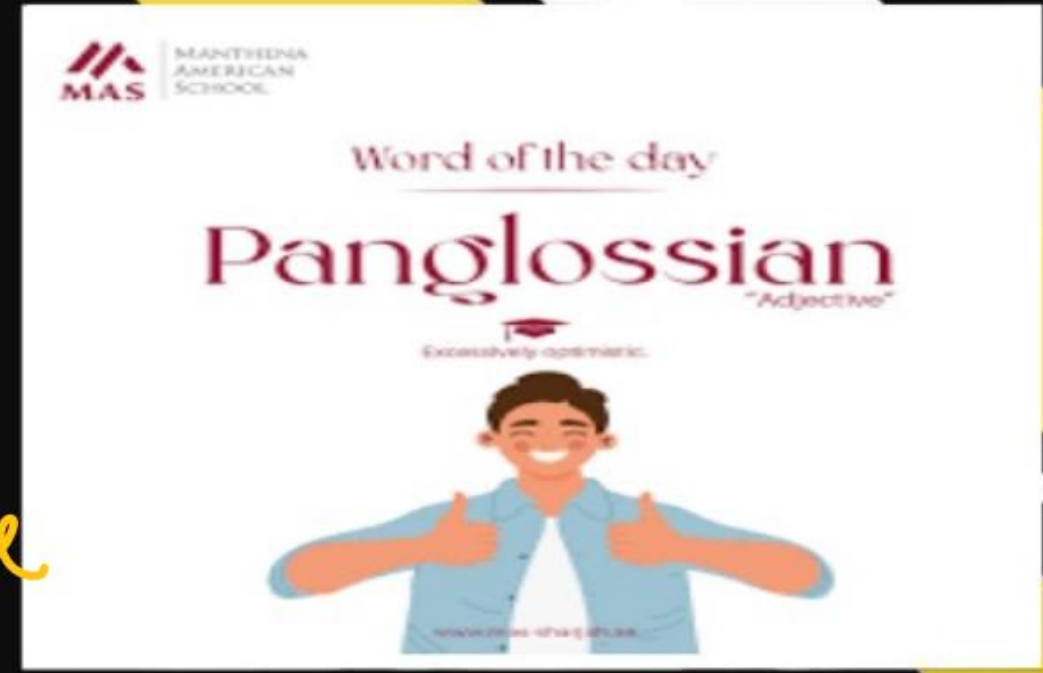
naively optimistic

अत्यधिक आशावादी

(आज)

De-spirited

Sad



SYNONYMS

- Pollyannaish
- Utopian
- Idealistic ✓
- Overoptimistic ✓
- Naive

- Credulous
- Cullible
- Rosy
- Hopeful

ANTONYMS

- Pessimistic ✓
- Cynical ✓
- Fatalistic ✓
- Realistic ✓
- Beak

- Austere
- Melancholic
- Gloomy
- Somber
- Despondent

FORMS

See the world through rose-coloured glasses
Wishful thinking

The analyst presented a ____ outlook on the market's future performance.



CONCERTED

संयुक्त (संयुक्त)

jointly arranged or coordinated



SYNONYMS

- Coordinated
- Collaborative
- Collective
- Unified

Amalgamated

Combined

Synergetic

Allied

Integrated

ANTONYMS

- Disjointed
- Fragmented
- Isolated
- Independent

Biased
Prejudiced

Contentious

Scattered

Disinclined
Polarised

FORMS

- Work in tandem
- Pull together

A _____ effort by all stakeholders is required to address climate change.



SALUTARY

producing beneficial effects

हितकारी

Aaj

Impair

Adverse

Hostile



SYNONYMS

Edifying

ANTONYMS

- Beneficial ✓
- Wholesome ✓
- Remedial ✓
- Therapeutic ✓

Curative

- Detrimental ✓
- Deleterious ✓
- Pernicious ✓
- Harmful ✓

Efficacious

Corrosive

Toxic

Malignant

Prolific

Benign / Innocuous

FORMS

Do a world of good ✓
For the better ✓

Excessive screen time can be ___ to a child's development.



ENNUI

ऊब

Noun

listless dissatisfaction

Torpor

Fatigue

Inertia

Boredom

Lassitude

SYNONYMS

- Tedium ✓
- Weariness ✓
- Languor ✓
- Apathy ✓

ANTONYMS

- Vitality ✓
- Enthusiasm ✓
- Zeal ✓
- Energy ✓

Dynamism

Vigor



FORMS

- Fed up to the back teeth ✓
- Sick and tired ✓

Regular exercise significantly improves physical ____ and mental well-being.



USURY

exorbitant lending interest

सूदखोरी

✓ Noun

SYNONYMS

- Exploitation ✓
- Exaction ✓
- Profiteering ✓
- Racketeering ✓

ANTONYMS

- Benevolence ✓
- Charity ✓
- Fairness ✓
- Equity ✓

Parity

FORMS

- Bleed someone dry
- ✓ Charge an arm and a leg



The villagers suffered under ____, paying exorbitant interest on small loans.



ENTRENCHED

जड़ जमाए

firmly established



SYNONYMS

- Uprooted
- Dislodged
- Dismantled
- Eradicated

Fixed

Intrinsic
Ingrained
Embed
Rooted
Enduring

ANTONYMS

- Uprooted
- Dislodged
- Dismantled
- Eradicated

FORMS

~~Deep-rooted~~
~~Hard to shift~~

Corruption had become so ___ in the system that reform was extremely difficult.



PHRASAL VERBS

- **Hold forth** – to speak at length, often in a formal or authoritative manner.

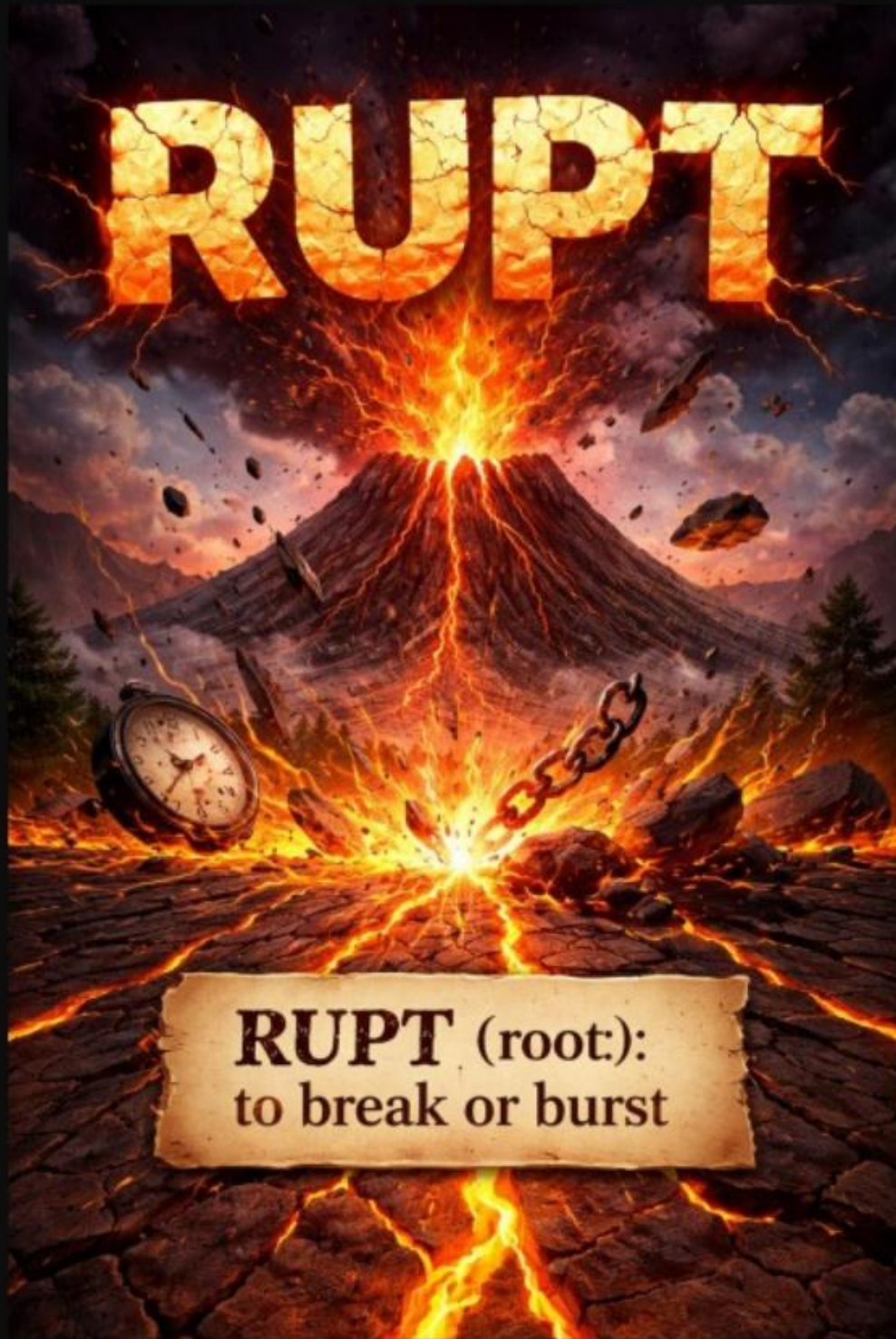
Sentence: The professor began to hold forth on economic reforms during the seminar.

- **Bear upon** – to be relevant to or have an influence on something.

Sentence: These findings directly bear upon the policy decisions of the committee.

- **Pass off** – to present something falsely or make it seem different from reality.

Sentence: He tried to pass off the fabricated data as authentic research findings.



Word	Part of Speech	Meaning (Contracted)
Rupture ✓	N/V	sudden break or burst ✓✓
Interrupt	V	break continuity
Disrupt	V	break order/system
Erupt	V	burst out violently
Corrupt	Adj/V	morally broken; dishonest
Bankrupt	Adj/N	financially ruined
Abrupt ✓	Adj	suddenly <u>broken</u> ; sudden ✓
Irrupt	V	break into forcefully
Eruption	N	violent bursting out
Disruption	N	disturbance by breaking system

BANKING | SSC | OTHER COMP EXAMS



120 CONCEPTS OF **+30** **GRAMMAR**

NO RULE APPROACH

- By Anubhav Sir



In a country where women's pain is routinely trivialised, any resistance to a formal, enforceable entitlement feels like yet another dismissal. And yet, on menstrual leave, the Supreme Court's rejection of a blanket mandate — "...the moment you introduce it as a law, as a compulsory condition, you do not know the amount of damage you will do to their career," the bench said while dismissing the PIL — may have articulated an uncomfortable truth. Not all well-meaning protections liberate.

This is reflected in how labour markets behave when costs are unevenly distributed. According to the Periodic Labour Force Survey 2023-2024, female labour force participation in India stands at around 41 per cent overall, but urban female participation remains around 25 per cent. Salaried women earn roughly about 20 per cent less than their male counterparts. In such an ecosystem, even a marginal increase in the perceived "risk" of hiring women can relocate inequality from the workplace to the hiring process. Employers may simply opt for the less complicated hire: the male worker.

Since decades, a similar logic was marshalled against maternity leave — that mandating paid absence would deter employers from hiring women. Yet, over time, the Court has nudged the law towards a more expansive understanding of gender justice. There can be an obvious counterargument to a comparison between maternity leave and menstrual leave: the first is finite, the second is recurring. But this distinction does not alter the constitutional principle. If anything, the recurring nature of menstrual discomfort strengthens the case for structural remedy over episodic concessions.

This hesitation exposes a deeper tension within feminist policymaking between protection and parity. But the question is not merely whether menstrual leave makes for wise policy — given the inherently masculine nature of workplaces, structural support should not come at the cost of reinforcing stereotypes — it must also address what better policy might look like.

There is, in fact, a credible model worth considering. The Employees' State Insurance Corporation scheme already distributes the cost of sickness leave and maternity leave across employers, employees and the state. Extending the same to menstrual leave is not technically inconceivable. But it would require sustained political will and a meaningful expansion of coverage.

There is also the easier step: extending the Supreme Court's own articulation of an infrastructure of menstrual dignity to the workplace. This would require more than provisions of sanitary products. It would need an understanding of women's health as a continuum, and a willingness to balance empathy with the compulsions of productivity.

The conversation around menstrual leave has to take into account another blind spot: the non-inclusion of blue-collar workers. In Karnataka, for instance, which introduced menstrual leave last year — a policy now under challenge in the High Court — the mandate applies to working women in government and private sectors. This means it does not reach the domestic worker, the construction labourer, the agricultural worker — women who constitute the overwhelming majority of the female workforce. The discussion has to include them as well.

At its core, menstrual leave is a conversation not just about days off but about whether the workplace is willing to reckon with the body it expects women to leave at the door.

The legislature must now do the harder work of holding that balance so that entrenched biases do not get in the way of women just doing their jobs.

1. What is the central paradox highlighted in the passage?

- A. Legal safeguards may unintentionally intensify professional exclusion of women
- B. Workplace flexibility often results in higher efficiency among female workers
- C. Economic incentives always ensure fairness in recruitment practices universally
- D. Policy interventions rarely affect employment structures in modern economies
- E. Gender-neutral laws consistently produce equal outcomes across all sectors

2. What is the author's stance on comparing maternity leave with menstrual leave?

- A. The comparison is flawed because both policies operate under entirely distinct principles
- B. The distinction is valid but insufficient to negate the broader constitutional argument?
- C. The two policies are identical in scope and therefore require identical implementation
- D. The comparison overlooks economic disparities between different employment sectors
- E. The analogy is irrelevant due to changing societal attitudes towards gender roles

3. The reference to the insurance-based model implies that:

- A. Labour laws should avoid redistribution ~~mechanisms~~ to maintain efficiency
- B. Government schemes have historically failed ~~to~~ address gender-based disparities
- C. Private organizations are better suited ~~to~~ implement gender-sensitive policies
- D. Shared financial responsibility can mitigate ~~employer~~ reluctance in hiring women
- E. Health-related benefits must remain voluntary rather than institutionalized

4. What does the phrase “body it expects women to leave at the door” imply?

- A. Professional environments prioritize emotional well-being over physical demands
- B. Employers actively encourage discussions about health issues within organizations
- C. Women are generally unwilling to disclose personal health conditions at work
- D. Workplaces often disregard biological realities while demanding uniform performance
- E. Organizational policies are designed to accommodate diverse physiological needs

5. Which of the following statements are true based on the passage?

Statements:

- A. Mandatory menstrual leave could unintentionally influence hiring preferences against women
- B. Urban female workforce participation remains significantly lower than overall participation
- C. Wage disparity between men and women is negligible in salaried employment structures
- D. Labour markets remain unaffected by perceived cost differences among employees

Options:

- A. Only A and B are correct statements
- B. Only B and C are correct statements
- C. Only A and D are correct statements
- D. Only C and D are correct statements
- E. Only A and C are correct statements

6. Which of the following statements reflect the author's viewpoint?

Statements:

- A. Workplace policies must avoid reinforcing stereotypes while offering support
- B. Biological realities should be ignored in professional environments for fairness
- C. Inclusive policies must extend beyond formal sectors to informal workers
- D. Legal mandates alone are sufficient to ensure gender justice in employment

Options:

- A. Only A and C are correct statements
- B. Only B and D are correct statements
- C. Only A, B and C are correct statements
- D. Only A, C and D are correct statements
- E. Only B, C and D are correct statements

Identify the error

7

~~Since~~ For decades, a similar logic was (A) /marshalled against maternity leave (B) /— that mandating paid absence would (C) /deter employers from hiring women (D) / NO Error

10 years

2 years

5 Min

4 Min

100 hours

Since 8am | For 80 Minutes

Duration

The economy has recently been yielding some discomfiting data, even before the war in West Asia began. The most recent of these was the February 2026 data on the Index of Eight Core Industries. This release showed that growth in the overall Index had dropped to a three-month low in February, half the rate of what it saw in January. This was not a case of a high base effect, either, with growth in February 2025 having been just 3.4%. The sector-wise data reveal further issues. The domestic crude oil industry has been contracting for six consecutive months. In fact, the sector has contracted in 20 out of the last 24 months. The natural gas sector, too, has contracted for the last 20 consecutive months. As context, from about the middle of last year, it had been increasingly clear that there would be some sort of escalation between the U.S. and Iran, even if the exact nature of the war now could not have been predicted then. It is no secret that India is highly dependent on energy imports, especially from the region that would have faced the brunt of any such escalation. As a matter of fact, a large part of the contraction in domestic production was likely because imports were coming cheap. Yet, as tensions increased, it might have been more prudent to have increased domestic oil and gas production over the last eight months so as to at least build reserves, if not to also temporarily reduce import dependence. Permanently reducing such dependence will take time, but a temporary domestic production push — as is belatedly underway — might have considerably alleviated the current supply crunch. **Hindsight** is 20-20, but that does not excuse a lack of foresight or an inability to learn. The Pradhan Mantri Ujjwala Yojana of 2016 should have triggered a **concerted** policy to secure LPG supplies and reserves.

This poor core sector performance comes on top of the new series of GDP data showing that the Indian economy is actually smaller than previously thought. Further, between 2022-23 and 2025-26, the contributions to GDP of key engines such as private consumption, capital formation, exports and imports have all fallen. The share of 'change in stocks' has nearly doubled, however, meaning that there is production but not enough sales. Soon, that production too will reduce to fall in line with the subdued demand. All of this leads into the impact of the current crisis. With commercial fuel sources curtailed, oil prices at more than \$100 a barrel, and global economic uncertainty at a high, economists and rating agencies are already downgrading India's growth outlook to about 6.5%. Perhaps, India's much-vaunted macroeconomic fundamentals and resilience need a more realistic assessment.



8. What is the primary concern highlighted in the opening paragraph?

- A) Recent indicators signal weakening industrial performance trends
- B) Energy imports have become entirely unreliable in nature
- C) War developments solely explain economic slowdown issues
- D) Domestic industries are expanding despite global uncertainties
- E) Government policies have ensured consistent industrial growth

9. Which of the following best describes the trend in the domestic crude oil sector?

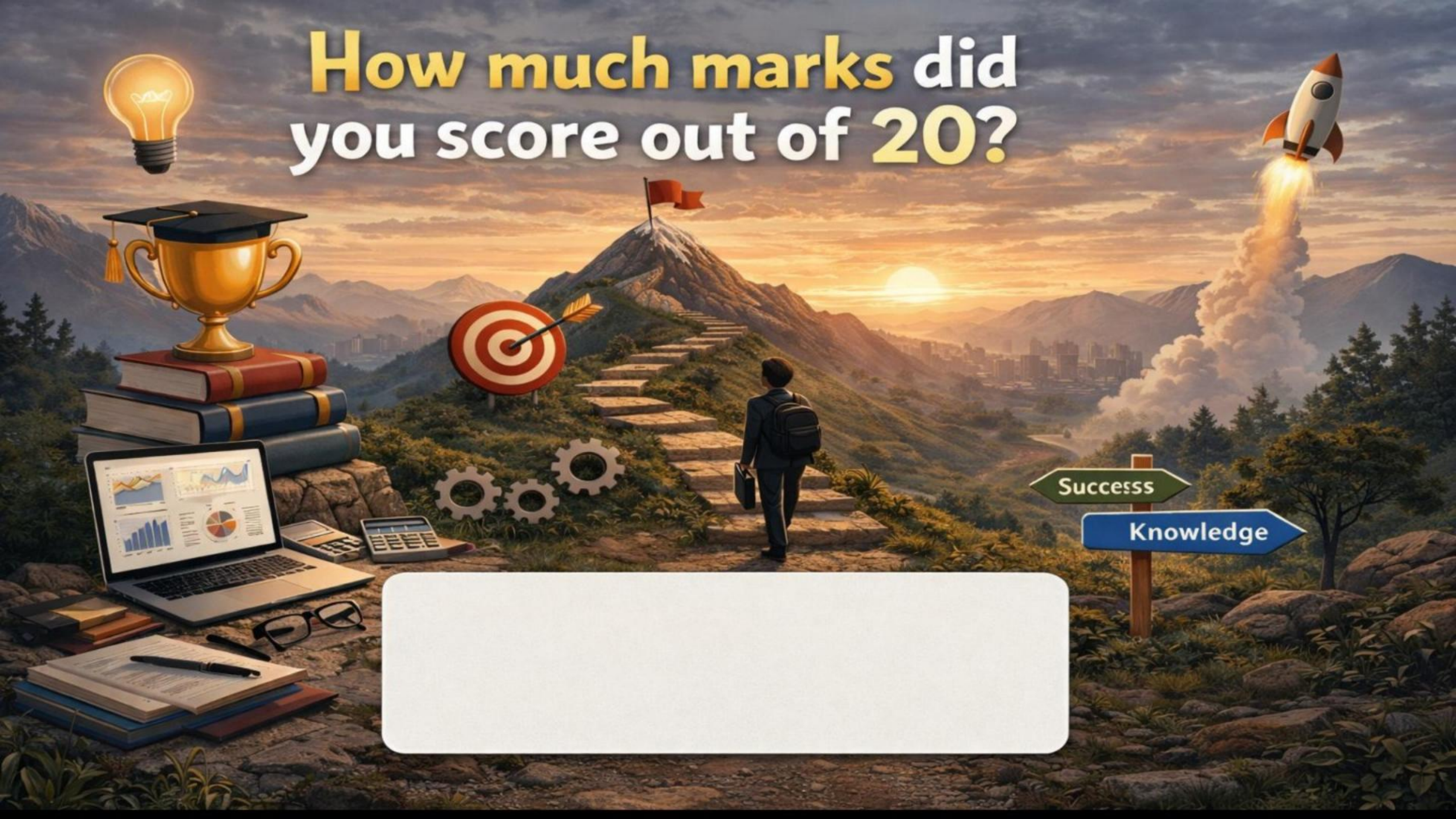
- A) It has remained unaffected by external economic developments
- B) It has stabilized after experiencing prolonged contraction phases
- C) It has declined consistently over a significant time span
- D) It has improved due to increasing domestic consumption rates
- E) It has shown erratic but overall positive growth patterns



10. What does the author imply about policy response to rising geopolitical tensions?

- A) Authorities responded with immediate and decisive corrective measures
- B) Policymakers underestimated long-term structural economic challenges
- C) There was insufficient proactive planning to mitigate potential risks
- D) Government actions successfully neutralized supply-side disruptions
- E) Strategic reserves were effectively utilized to stabilize markets

How much marks did you score out of 20?



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